

CHC53315 Diploma of Mental Health



Who is ACCLM?

The Australasian College of Care Leadership and Management (ACCLM) is part of the Education Centre of Australia (ECA) group and is a Registered Training Organisation (RTO). We provide high-quality vocational education and training that leads to obtaining a nationally recognised learning outcome, for anyone starting or wishing to advance their career in the counselling and community care sectors.



Our Education Partners

As a student of ACCLM you will be able to apply for membership with the Australian Community Counselling Association (ACCA) and Suicide Prevention Australia (SPA).





Why Study with ACCLM?

- Flexible online guided self-paced delivery.
- We are industry specialists in delivering training in the counselling and community sector.
- Our Trainers have extensive industry experience and have a strong commitment to provide the most up to date industry information as part of their training delivery.
- We offer a supportive and collaborative learning environment that is designed to maximise student potential.
- Our training focuses on the development of practical strategies and adaptable processes for workplace integration.

Why Study this Course?

- This course will equip you with the high-level skills required to support those experiencing issues related to mental health and general well-being.
- You will acquire skills in providing counseling, referral, advocacy, and education/health promotion services.
- This qualification applies to workers who deliver a range of services with a focus on rehabilitation and support for individuals impacted by mental illness.



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MODE OF DELIVERY

Online
Guided Self-Paced Learning

COURSE DURATION

Full time – 1 year
Part time – 2 years (max)

COURSE INCLUSIONS

*Workshops are not compulsory to attend

All learning resources.
Industry online skill builder workshops.
Industry relevant online workshops.

About this Course

This nationally recognised qualification will enable you to provide services to individuals with coexisting mental health dependencies and work with clients in the specialised area of domestic and family violence. Throughout your studies, you will learn the importance of providing community-focused mental health programs and prevention strategies while working within the frameworks of trauma-informed care.

You will also learn how to recognise the signs and symptoms of common and disabling mental health problems, and how to offer help and support in a crisis situation, utilising specialist referral networks. This work will enable you to adopt a recovery-oriented approach when working with a variety of health and community service professionals. With this qualification, you can support, counsel, refer, and advocate for positive outcomes for individual clients and communities dealing with complex mental health issues.

WHAT WILL I LEARN?

THIS COURSE INCLUDES
20 UNITS
OF COMPETENCY

DELIVERED AS 5 MODULES OF TRAINING.

This qualification requires students to complete a minimum of 240 hours as work placement

5 MODULES OF TRAINING

01 Culture and Community

- CHCDIV001 – Work with diverse people
- CHCMHS003 – Provide recovery oriented mental health services
- CHCMHS004 – Work collaboratively with the care network and other services
- CHCMHS005 – Provide services to people with co-existing mental health and alcohol and other drugs issues
- CHCMHS002 – Establish self-directed recovery relationships

02 Assessment and Interventions

- CHCMHS009 – Provide early intervention, health prevention and promotion programs
- CHCMHS010 – Implement recovery oriented approaches to complexity
- CHCMHS011 – Assess and promote social, emotional and physical wellbeing
- CHCMHS012 – Provide support to develop wellness plans and advanced directives
- CHCMHS013 – Implement trauma informed care

03 Community Risk Management

- CHCCSL007 – Support counselling clients in decisionmaking processes
- CHCDFV001 – Recognise and respond appropriately to domestic and family violence
- CHCDFV006 – Counsel clients affected by domestic and family violence
- CHCCCS017 – Provide loss and grief support

04 Cultural Advocacy and Risk Management

- CHCDIV002 – Promote Aboriginal and/or Torres Strait Islander cultural safety
- CHCADV005 – Provide systems advocacy services
- HLTWHS004 – Manage work health and safety

05 Reflective Practice

- CHCPRP003 – Reflect on and improve own professional practice
- CHCPOL003 – Research and apply evidence to practice
- CHCMHS001 – Work with people with mental health issues

Career Pathways



Step into a role that touches lives, reshapes futures, and makes a tangible difference within your community. Job roles can include but not limited to:

- Community rehabilitation officer
- Case manager
- Mental health support worker

Education Pathways



Further study pathways for Diploma of Counselling graduates can include:

- Diploma of Counselling
- Certificate IV in Alcohol and Other Drugs
- Bachelor of Mental Health
- Graduate Certificate of Mental Health Practice

ACCLM Online Course Delivery



This course is delivered 100 % online. Online delivery provides maximum flexibility, allowing you to study anywhere and anytime with all of our training materials, and assessments available on online.

Guided Self-Paced Learning



Self-Paced Learning is primarily a self-directed model of learning with little to no support or guidance provided along the way, with trainer contact generally only occurring once an assessment has been submitted and feedback is provided. Our Guided Self-Paced Learning approach provides students with the additional support and guidance they need to achieve their learning goals through each stage of their study journey with us.

Technology Requirements



The minimum requirements for all students include a personal computer with a current web browser, email address and the software (e.g. Office 365) capability to submit work in a Microsoft Word format, and access to a fast and stable internet connection.

Entry requirements



Prospective students are able to enroll if you are 18 years or over and meet one of the following entry requirements:

- Completed year 12 or a Certificate IV or higher.
- Sufficient life experience (work and study) can be considered.
- Your language literacy and numeracy (LLN) skills must meet the required standards for ACSF Level 3 or higher.

**ACCLM'S
PAY-AS-YOU-GO SCHEME**
offers the below options
for maximum flexibility

WEEKLY

FORTNIGHTLY



AUSTRALASIAN COLLEGE OF CARE
LEADERSHIP AND MANAGEMENT

Contact us and learn how you can commence or advance your career in the Mental Health and Community Care Sector. Full Details of this course can be found on our website.

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